



A vertical sheet of paper with a light blue background. It features a central writing area with two sets of horizontal lines: a top set with a solid orange line and a dashed blue line, and a bottom set with a solid orange line and a dashed blue line. The page is bordered by a yellow strip on the left and right sides, with teal arrowheads pointing inward. A light green horizontal band is located near the top and bottom edges. At the top and bottom center, there are dashed outlines of cloud-like shapes. The entire sheet is framed by a dashed blue border.